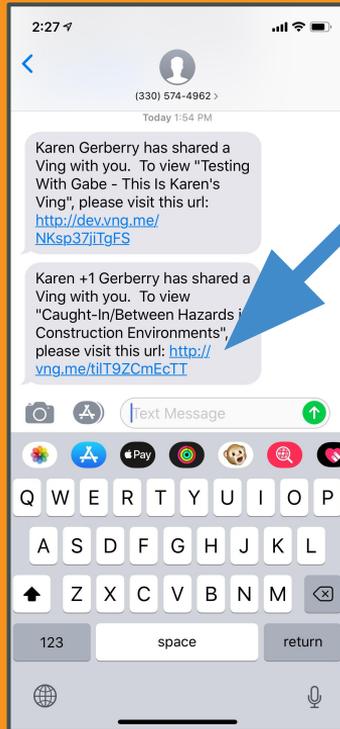


How To View A Ving

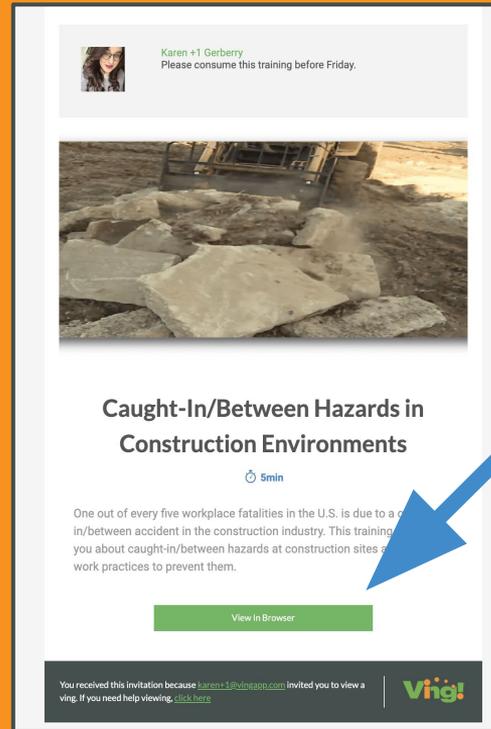
Created By Ving Success

First click on the link or button in the invitation.

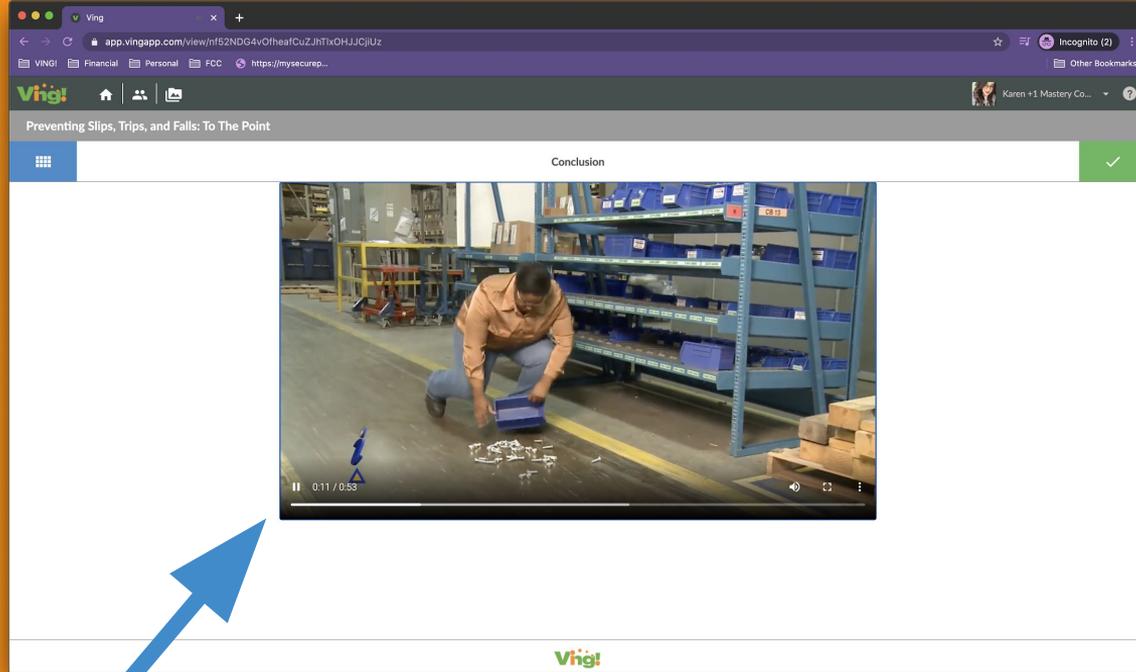
Phone



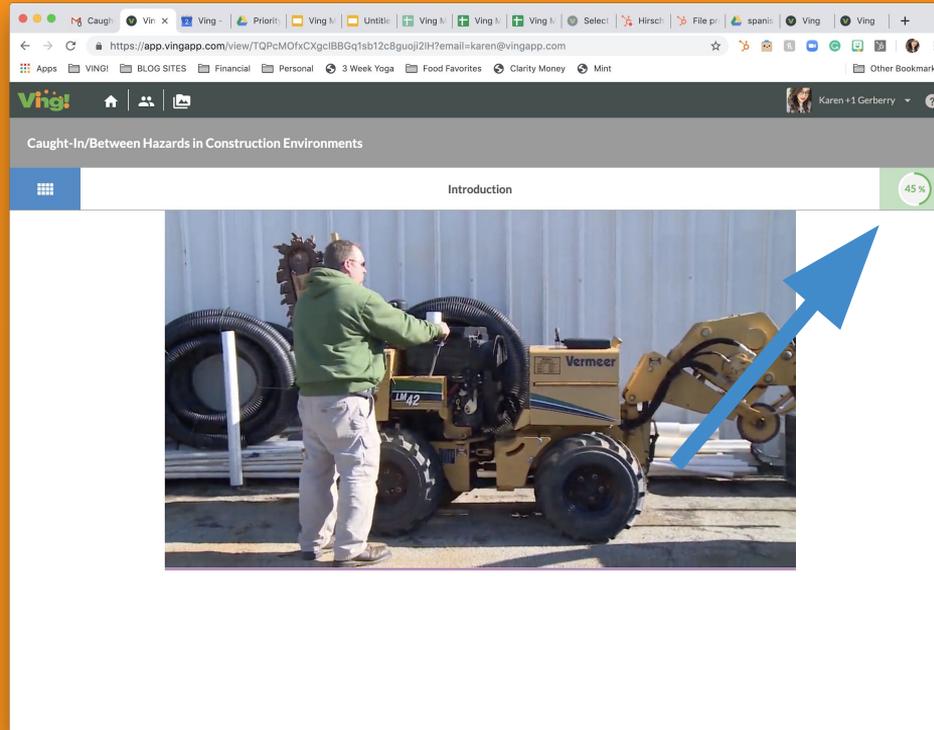
Email



Now that your account is verified you can start viewing! When viewing a video click the play button.



When you see a green progress circle you must complete the component you are on to 90% before being able to move on.

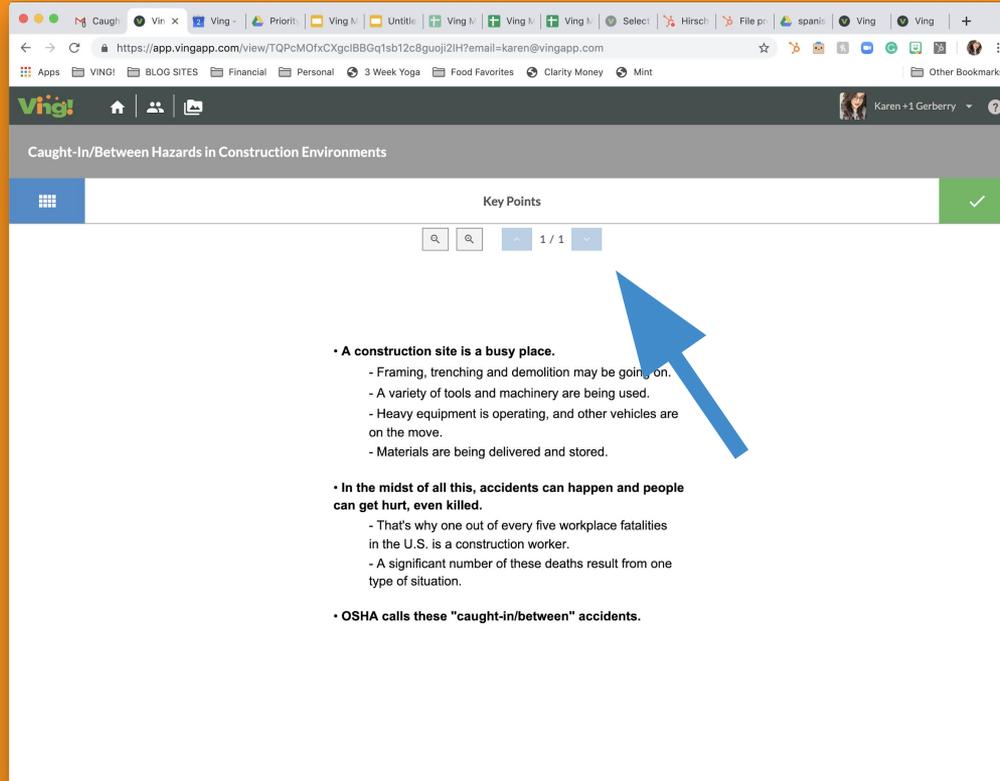


The screenshot shows a web browser window with the URL <https://app.vingapp.com/View/TQPcMOFxCXgcIBBGqtsb12c8guojl2IH?email=karen@vingapp.com>. The page title is "Caught-In/Between Hazards in Construction Environments". The current section is "Introduction", and a green progress indicator shows 45% completion. A blue arrow points to the progress indicator. The main content area features a photograph of a man in a green jacket operating a yellow Vermeer LM 42 skid steer loader. The browser's address bar and bookmarks are visible at the top.

Clicking the next arrow allows you to navigate to the next component.

The screenshot shows a web browser window with the URL <https://app.vingapp.com/view/TQPcMOFxCXgclBBGq1sb12c8guoji2IH?email=karen@vingapp.com>. The browser's address bar and tabs are visible at the top. Below the browser, there is a dark navigation bar with the 'Ving!' logo on the left and a user profile 'Karen +1 Gerberry' on the right. The main content area has a grey header with the text 'Caught-In/Between Hazards in Construction Environments'. Below this header is a white navigation bar with a blue grid icon on the left, the word 'Introduction' in the center, and a green arrow pointing right on the right side. The main content area contains a video player showing a construction worker on a scissor lift. The video player has a play button, a progress bar showing '1:28 / 1:28', and other controls. A large blue arrow points from the green arrow in the navigation bar towards the video player.

When viewing PDFs, you can flip through pages by clicking the arrows here.



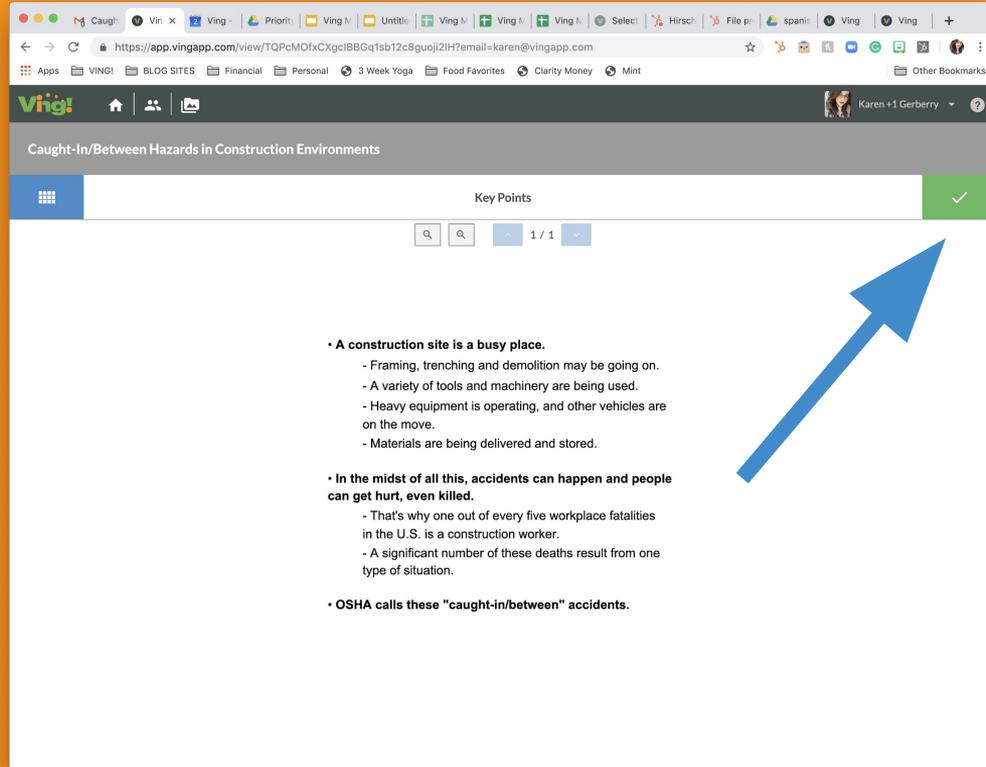
Caught-In/Between Hazards in Construction Environments

Key Points

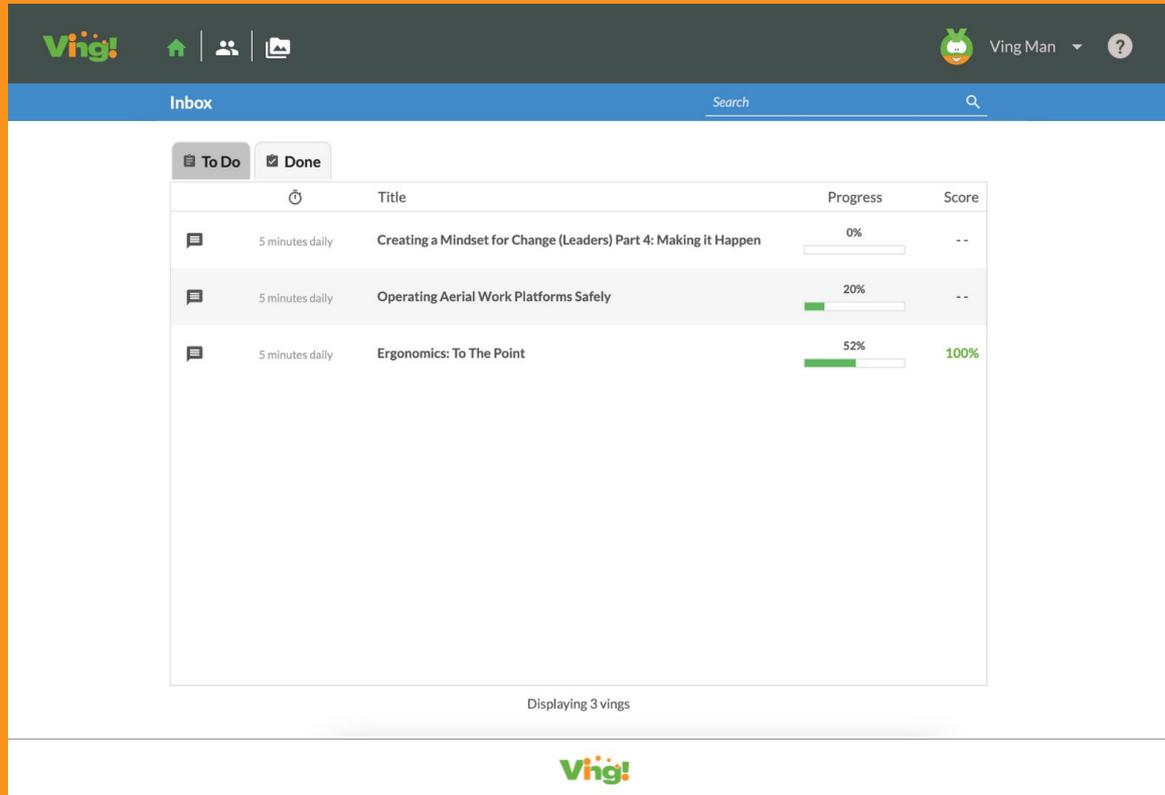
1 / 1

- **A construction site is a busy place.**
 - Framing, trenching and demolition may be going on.
 - A variety of tools and machinery are being used.
 - Heavy equipment is operating, and other vehicles are on the move.
 - Materials are being delivered and stored.
- **In the midst of all this, accidents can happen and people can get hurt, even killed.**
 - That's why one out of every five workplace fatalities in the U.S. is a construction worker.
 - A significant number of these deaths result from one type of situation.
- **OSHA calls these "caught-in/between" accidents.**

A done check mark will appear when you are finished viewing the ving.



Once you are done consuming a ving you will be navigated to your inbox. Here you can see anything you need to do, your progress, and score.



The screenshot displays the Ving! user interface. At the top, there is a dark navigation bar with the Ving! logo, home, user, and document icons, and a user profile section for 'Ving Man'. Below this is a blue header bar labeled 'Inbox' with a search bar. The main content area shows a list of vings under 'To Do' and 'Done' tabs. The list has columns for 'Title', 'Progress', and 'Score'. Three vings are listed:

	Title	Progress	Score
5 minutes daily	Creating a Mindset for Change (Leaders) Part 4: Making it Happen	0%	--
5 minutes daily	Operating Aerial Work Platforms Safely	20%	--
5 minutes daily	Ergonomics: To The Point	52%	100%

At the bottom of the list, it says 'Displaying 3 vings'. The Ving! logo is at the bottom center of the page.

If you are not logged in you will be navigated to a screen that tells you are done.

